

10 Guidelines for the Day of Jumu'ah

Hits: 11725



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Of the many blessings and gifts of Allāh ta'ālā is the bounty of special seasons and places, during which and where the rewards of good deeds are multiplied to such extents known only to Allāh ta'ālā. One such moment is the day of Friday, a day greater in virtue than the 'Īdayn (two days of 'Īd). It has been narrated that this day is the leader of all days.

Similarly, it is common knowledge that the Noble Prophet sallallāhu 'alayhi wasallam is the leader of all mankind, hence these two leaders have a great bond, thus on the day of Friday we should pay much attention to the sunnah of the Noble Prophet sallallāhu 'alayhi wasallam. Keeping this in mind, highlighted below are 10 guidelines that this humble one desires all of his associates to practice, in order to gain maximum benefit from this day:

1) Send salāt and salām upon the Noble Prophet sallallāhu 'alayhi wasallam in abundance. On the day of Friday, aim to do so at least 500 times. Thereafter slowly increase this number as you gain steadfastness. Initially, one may recite a short formula of salāt and salām, e.g.

صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ

and after becoming steadfast on this, one should gradually begin reciting longer narrations which can be found in the books of salāt and salām.

2) On the night preceding the day of Friday (Thursday night), recite Sūrah ad-Dhukhān (Sūrah 44, Juz 25). The virtue of its recitation is that a palace is built in Jannah for the reciter.

3) On the day of Friday, recite Sūrah al-Kahf (Sūrah 18, Juz 15). The virtue being that such a person will be saved from the trials of Dajjāl. The trial of Dajjāl is the greatest of trials, and if by reciting this Sūrah one is saved from it, then it is hoped that he will most definitely be saved from all other trials which are relatively smaller in comparison to the trial of Dajjāl.

4) Proceed to the masjid early for the Jumu'ah salāh. The earlier one reaches the masjid, the more reward has been promised in the ahādīth.

5) Offer Salah-at-Tasbīh. [Its method can be learnt from here.](#)

6) Before getting up from your place after the 'Asr salāh, recite 80 times:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ النَّبِيِّ الْأُمِّيِّ وَعَلَى آلِهِ وَسَلَّمَ تَسْلِيمًا

7) Spend the time between ‘Asr and Maghrib salāhs in the masjid, with the intention of Nafl I’tikāf. It is preferable to spend this time reciting salāt and salām, however there is no harm in engaging in other good deeds, such as reciting the Qur’ān and Dhikr (remembrance of Allāh ta‘ālā).

8) 10-15 minutes before the Maghrib Adhān, engage yourself in du‘ā. It has been narrated that there is a moment every Friday, during which the du‘ā of a believer is certainly accepted. Of the many opinions with regards the specification of this moment, the weightiest opinions are:

- a. It is the period between the Imām sitting on the pulpit and the completion of salāh.
- b. It is the last few moments before sunset.

It has also been the experience of many ‘Ulamā and Mashā’ikh that this moment comes shortly before Maghrib.

9) On the day of Friday, try to carry out as many good deeds as possible, be they sunnah, nafl or mustahabb.

10) Totally abstain from all sinful and futile acts. Anything which is neither beneficial in this world nor in the hereafter should be totally abstained from, not only on the day of Friday but rather every day.

Acting upon these ten guidelines, together with acting upon every sunnah, nafl and mustahabb act related to this special day will inshā Allāh help in making our Jumu‘ah a means of great blessings and gaining the love and pleasure of Allāh ta‘ālā. May Allāh ta‘ālā grant us the ability to act upon all the sunnah acts of the Noble Prophet sallallāhu ‘alayhi wasallam.